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2017-2018 ACE of Pensacola Athlete & Parent Handbook

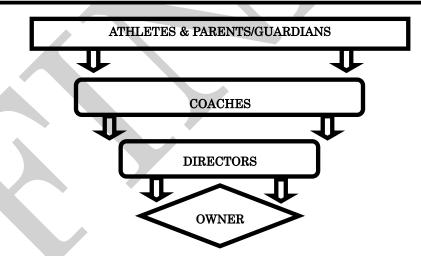
ACE Cheer Company, LLC, strives to help each team member reach or exceed their potential as a competitive cheerleader and as a person. Our program is intended to teach teamwork, goal-setting, personal commitment and leadership qualities that will last a lifetime.

Please use this Athlete and Parent Handbook as a guide to understand the ACE of Pensacola competitive cheerleading program and the policies and procedures that are put in place for your family. We encourage each family to take the time to review the rules, policies and procedures with their athlete. This will ensure that the athlete fully understands the expectations that will be put into place regarding individual and team commitments. ACE of Pensacola focuses tremendous effort into open communication with athletes and parents alike; therefore, understanding the Handbook in its entirety is of utmost importance. As we enter our 18th Season, ACE of Pensacola is looking forward to another amazing year with our athletes and excited to welcome all of our new members into the Tribe family.

ACE of Pensacola Administrative Staff Contact Information

<u>Name</u>	<u>Title</u>	<u>Phone</u>	<u>Email</u>
Ricky Morgan	ACE of Pensacola Owner/Allstar Director	(904)-509-4332	rickymorgan@acetribe.com
Lauren Chavers	ACE of Pensacola Front Desk Manager	(904) 509-4332	pensacolaoffice@acetribe.com
Brandon Prince	Varsity Sales Rep	(205) 292-0674	BPrince@varsity.com

ACE of Pensacola Communication Hierarchy



ACE of Pensacola Website & Social Media Outlets

 $\textbf{Website:} \underline{www.acetribe.com} \quad \textbf{Twitter:} @ acepens a cola$

Facebook: ACE of Pensacola Instagram: ACEofPensacola

The ACE of Pensacola website will be your source for important information regarding announcements, calendars, competition information and practice schedules. The ACE website is also your portal for camp, class & clinic registration. ACE of Pensacola will continue to use Facebook, Twitter and Instagram as our media outlets for announcements and updates throughout the year. ACE of Pensacola will not use the United States Mail, UPS, Federal Express or other similar services to deliver communications to you. Consequently, it is each parent's and athlete's responsibility to monitor the ACE of Pensacola website to ensure that they are aware of all communications relating to ACE of Pensacola.

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ACE of Pensacola: Healthy & Productive Communication

General Communication

- Coaches will be available <u>following</u> classes and team practices to answer any questions regarding your athlete, their needs and their individual progress.
- Coaches will <u>not</u> entertain questions regarding specific strategic decisions (placements made in formations, decision of why an athlete was moved, added, removed, or replaced in stunts and tumbling sections) in a public setting.
- If you or your athlete would like a better understanding of routine placements, team decisions, etc., please email your All-Star Director. We will then set up a meeting with you, your athlete, the athlete's coach and the All-Star Director. ACE of Pensacola keeps an open door policy with communication to help each parent and athlete understand every decision in which they are involved.
- It is inappropriate for an athlete or a parent to approach other ACE of Pensacola members about an issue or dispute they have with an ACE of Pensacola coach or teammate, regarding personal objections to coaching decisions, and/or disagreements with an administrative decision. This leads to unnecessary drama and problems and will result in immediate dismissal from the ACE of Pensacola program.
- *Group Me*, and/or other messaging services, may be used as an additional outlet for communication of team information. Please note that group-messaging services are not to be used as a "personal sounding board" or for communication of personal thoughts, feelings, etc. The All-Star Director and team coaches *must* be added to any and all team-based messaging. If any issues arise, please follow the guidelines as outlined in this handbook.
- We strongly encourage parents to have their athletes speak with the coaches directly in regards to, but not limited to, the following issues, should they arise:
 - 1. Routine element questions
 - 2. Individual and group skill preparedness
 - 3. Injury
 - 4. Illness
 - 5. Outside events that may affect performance

(*In cases where the athlete is too young to articulate the issue, we ask that the parent aid in the communication appropriately.)

• If there is a matter that seems to remain unresolved, or if the athlete has clear, legitimate concerns that speaking to the coach will not or cannot possibly resolve the matter, please bring the concern directly to the All-Star Director.

Communication with Staff

- The ACE of Pensacola Staff, athletes and parents are all considered a part of the Tribe Family. Athletes and parents should feel comfortable speaking to the staff, in an appropriate setting, with any questions and/or concerns. This "open communication" is needed to ensure that there are no oversights within our teams and that situations involving or affecting the athlete are handled appropriately.
- We strongly encourage that parents have their athletes speak with coaches directly in order to remove any feelings of a communication barrier. All communications via email and/or text message from athletes to staff members *must* also include the parent/guardian as a recipient.
- During classes and practices, coaches are needed to instruct the athletes. Parents should <u>never</u> approach a coach during a class or practice. Any issues may be discussed at the end of the session.
- While in the gym, verbal communication regarding athletes, parents, classes, etc., should be held in private. Coaches will be available to discuss concerns regarding *your* athlete only.
- At competitions, coaches are there to coach. Any issues that arise during a competition will be addressed promptly during the week following the competition. Parents should never approach a coach with an issue at competitions.
- We have a strict policy in place stating that coaches are not available to discuss:
 - 1. Information regarding other ACE of Pensacola athletes and/or parents.
 - 2. ACE of Pensacola coaches who do not coach their athlete.
 - 3. Decisions made by the Administrative Staff.
 - 4. Issues that involve any type of comparison of their athlete to another athlete, coach-to-coach, or ACE of Pensacola to any other cheerleading training facilities.

• If a concern is emotional or heated, we recommend a "cooling period" before contacting your All-Star Director and/or the coach. We understand that issues involving a child are very important and require quick resolution; therefore, we want to ensure that the situation is of constructive resolve.

ACE Gym & Staff Certifications

USASF Gym and Staff Certifications

- The mission of the United States All Star Federation (USASF) is to enrich the lives of our All-Star athletes and members. We provide consistent rules, strive for a safe environment for our athletes, drive competitive excellence and promote a positive image for the sport.
- ACE of Pensacola is a Certified Gym Member of the United States All Star Federation (USASF).
- ACE of Pensacola staff are all credentialed and certified members of the USASF.
- Athletes in the ACE of Pensacola program will be required to become a credentialed member of the USASF yearly. More information is available at www.usasf.net.

Safety Measures

- Athlete health and safety is of the utmost concern at ACE of Pensacola. We are committed to maintaining a safe training environment at all times. ACE of Pensacola is sufficiently prepared to respond to emergency situations with appropriate emergency-response plans.
- To ensure a constructive and safe learning environment at ACE of Pensacola, all staff members will be required to continue industry education and certification.
- To ensure a safe environment at ACE of Pensacola, coaches are certified and trained in:
 - o CPR
 - o First-Aid
 - O USASF All-Star coaching:
 - Tumbling
 - Stunting

ACE of Pensacola: Program Philosophy

- The ACE of Pensacola program philosophy is simple:
 - o Program FIRST, Site SECOND, Team THIRD, Athlete FOURTH.
- ACE of Pensacola members agree to put the team ahead of the individual athlete. All decisions are made for the benefit of the team's performance, scoring and success. Although the individual athlete is very important to the program, some decisions, initially, may not seem to be the best to the athlete or parent. We ask that each athlete take the time to see what the overall routine entails. If he/she still has a question with a decision, they should then speak with and/or schedule a meeting with the coach.
- Athletes will set individual and team goals for the season. Through instruction, the athlete will work hard to obtain and even exceed those goals, building a strong work ethic for the future. ACE of Pensacola is focused on developing the lifelong success of the athlete, not on merely winning championships.
- If it is in the best interest of the program, an athlete may be moved from one team to another team. This is a decision that will only be made through careful evaluation and consideration of both teams. Your All-Star Director will contact you with any information regarding a team change and schedule a meeting if necessary.
- Athletes being moved to a different team should not be perceived as a negative consequence. The decision to move an athlete may be based off one or more of the following reasons:
 - 1. Athlete's routine positions (side base, back base, top girl)
 - 2. Athlete's skill level (tumbling, stunting, jumping, etc.)
 - 3. Athlete's attitude
 - 4. Athlete's willingness to learn and improve in a group setting
 - 5. Team's needs for competition
 - 6. Attendance issues
 - 7. Injury
- Athletes may request to be moved to a lower level team if he/she feels they are not sufficiently utilized throughout a routine or if they become overwhelmed by the routine layout. Although maintaining the mental and physical well-being of the athlete is recognized as a paramount concern, any move to a different team will depend on team availability and availability of roster positions. In this case, athletes must be willing to fulfill any position needed by that team.

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ACE of Pensacola: Role of the Staff, Athlete & Parent

Role of the Staff

The ACE of Pensacola Staff is highly trained, motivated and committed to the success of your athlete. Parents and athletes can expect the ACE of Pensacola Staff to:

- Provide a fun, safe and overall positive atmosphere and training experience for your athlete.
- Be approachable and friendly while maintaining a professional relationship with each athlete and parent/guardian.
- Consistently enforce all rules and regulations, as outlined in the Parent and Athlete Handbook.
- Instruct skills in a manner that is technically precise, safe and appropriate for the individual athlete.
- Stay consistent with the guidelines set for appropriate athlete progressions in a manner that will continue to challenge the athlete to reach their full potential.
- Provide parents with thorough athlete and team updates throughout the season.

Role of the Athlete

As members of ACE of Pensacola competitive cheerleading teams, athletes are expected to adhere to all rules and policies listed throughout the Handbook at all times. ACE of Pensacola Athletes are expected to:

- Have a positive attitude at all times. ©
- Treat fellow teammates, coaches, staff, and parents with respect at all times.
- Not listen to, participate in or instigate any idle, worthless gossip. This includes, but is not limited to, external, non-ACE related gossip and/or internal gossip about other ACE athletes, coaches and parents.
- Show good sportsmanship and class by maintaining a true team mentality.
- Accept both constructive criticisms along with praise for a job well done.
- Not participate and/or instigate in bullying. This includes all possible forms of bullying such as electronic, verbal, physical, mental, media based, monetary, etc.
- Not use profanity and/or abusive language.
- Not consume alcoholic beverages, possess, use or ingest illegal drugs, possess or ingest the prescription drugs of others, and/or participate in illegal behavior.
- Refrain from using any social networking, messaging services or electronic media to distribute negative or inappropriate information that could be detrimental to yourself, your family, and the ACE brand or reputation in any way. This is grounds for immediate dismissal from the program.
- Remain mindful that all decisions reflect on yourself, your family, your team and the ACE program.

Role of the Parent

ACE of Pensacola Parents are expected to:

- Encourage their athlete to treat fellow teammates, staff and other parents with respect at all times.
- Ensure that their child understands what is expected of them as an ACE athlete, in regards to the attendance policies, dress codes and rules outlined by the ACE of Pensacola Handbooks.
- Not express their opinions during practice or coach their athlete "from the sideline."
- Defer to the coaches' discretion regarding team decisions.
- Not listen to, participate in or instigate idle, worthless gossip. This includes, but is not limited to, external, non-ACE related gossip and/or internal gossip about other ACE athletes, coaches and parents.
- Refrain from using any social networking, messaging services or electronic media to distribute negative or inappropriate information that could be detrimental to yourself, your family, and the ACE brand or reputation in any way. This is grounds for immediate dismissal from the program.
- Never withhold an athlete from class and/or practice as a form of punishment. This punishes not only your child, but every other team member and parent.
- Refrain from threatening to quit or pull your child from a team. This is unacceptable parent behavior that will not be tolerated. Any such threats will result in immediate dismissal from the program.
- Understand that the parent viewing area is open as a privilege and not a right. If the viewing area becomes a parent issue, ACE has the right to close the area at any time without prior notice.

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ACE of Pensacola Attendance Policies and Procedures

Practice Attendance Policy

Summer Session Practices

- Practice attendance is critical to your athlete's progress and integral to the success of the team. Athletes should attend practices and classes during the summer session in order to prepare themselves for their individual routine obligations and to build team cohesiveness.
- ACE of Pensacola recognizes that athletes value the summer break; therefore, summer practices will accommodate family vacations, summer sports, church trips, summer camps, etc. Athletes must turn in the included planning calendars, listing all planned absences, in order to be excused for the summer. *Please note that there are no make-up classes for time missed.
- You will be allowed a maximum of 6 missed practices over the summer. After those 6 absences the director and coaches will reevaluate team placement or position in our program.

Competition Season Practices

- The "Competition Season" begins September 2017 and ends April 2018.
- Practice attendance is absolutely mandatory and compliance with the attendance policy will be strictly enforced. An athlete's team position will be jeopardized for noncompliance with all the attendance policies.
- If an athlete is absent from practice for any reason, whether excused or unexcused, he or she is responsible for learning <u>all</u> routine changes made prior to the next practice.
- Practices may be changed or added at any time throughout the year. A two-week notice is guaranteed for all mandatory practices. Parents must check emails, social media, team calendars and the ACE website regularly for updates.
- Although the April calendar includes only bid opportunity competitions (The Summit & The Cheerleading Worlds) the athletes not attending these competitions will take one tumbling class and one team practice. Sunday Team practices will be canceled for teams not attending Worlds and Summit. (*Account balances must be cleared in order to participate in April activities.)

Absences Defined

Excused Absences

Approved absences that have been scheduled on the planning calendar and fit the following:

- a. School functions that result in a grade.
- b. School-sponsored cheerleading events.
 - O School-sponsored cheerleading happens <u>at the school</u>! Extra tryout help at another gym or location does <u>not</u> count as school sponsored cheerleading.
 - The All-Star Director has ultimate discretionary authority to excuse absences on a case-by-case basis. (Please note that continued absences may result in changes in routine positions and rosters. Attendance is necessary for success!

Unexcused Absences

All other absences that do not meet the above allowances are unexcused. Examples include:

- <u>Academics:</u> Academics are a high priority and ACE of Pensacola stresses the importance of education; however, homework, projects, and studying are unexcused absences. Proper time management is expected so that the athlete can complete his/her academic work and fully participate in the ACE of Pensacola program.
- <u>Extra-Curricular Activities and Jobs</u>: Extracurricular activities and jobs need to be scheduled around the commitment to ACE of Pensacola.
- <u>Church</u>: Church is an understood priority at ACE of Pensacola and with many of our families. We try to schedule around the most common times; however, absences related to youth groups, retreats, etc., will be unexcused.

Illness, Injury or Family Emergency

<u>Illness</u>: Athletes are expected to be at practice unless they have a fever as fever can mean that an athlete is contagious. Practice participation will be situation-based and at the coach's discretion. A doctor's note listing the treatment and length of recovery is required.

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Injury: In the event that an athlete is injured, you should notify your coach immediately. Please provide a doctor's note with information details concerning the prognosis, recovery time and any change in circumstance affecting their ability to perform.

• We will re-choreograph routines based on the athlete's injury and length of recovery. It is not guaranteed that an athlete will be choreographed back into the routine upon recovery. Injured athletes must continue with payment in full.

<u>Unexpected/Family Emergency</u>: Contact your All-Star Director, team coach/ team rep.

Absence Allowance and Protocol

Absence Allowances and Protocol

- o 24-hour notice is required for the coach to plan accordingly. No exceptions!
- O Athletes are only allowed **three (3) unexcused absences during competition season**. Competition season begins on the first week of the September schedule.
- After (3) unexcused absences, a mandatory meeting with your All-Star Director will be set. Your athlete will sit out of practice until the meeting takes place.
- When athletes reach (3) unexcused absences, he/she may be placed as an alternate, removed from choreography and/or removed entirely from the team.
- Unexcused absences are <u>NEVER</u> allowed the (2) weeks (Mon. Sat.) prior to a competition. If an athlete is absent, he/she will be removed from the routine for that event.
- Missing a competition without prior notice, and/or approval, will result in immediate dismissal from the program.

Parent Travel Obligations

- Parents are responsible for their athlete's activities and behavior at out-of-town events.
- If a parent/guardian cannot attend an out of town event, you must arrange for another ACE parent, or responsible adult, to travel with your athlete. They will assume responsibility for the athlete and ensure the athletes' adherence to all ACE rules and policies throughout the entirety of the event.
- Parents must understand that camps and competitions are not vacations. The athletes' time and focus should be fully committed to ACE and all related activities throughout the entirety of the event.
- Parents *must* follow the "Stay-to-Play" guidelines when booking hotel rooms for out of town competitions and events (when necessary.) Please note the ACE of Pensacola is NOT able to change these guidelines, rules or procedures as individual event producers enforce them.
- It is not required that families fly to out of town events. ACE is <u>not</u> responsible for event scheduling that conflict with purchased flights. If you chose to fly, we do recommend purchasing flights that can be cancelled and/or times changed.

ACE of Pensacola: Financial Policies and Procedures

Website Registration and Payment Authorization

All ACE of Pensacola athletes must be registered in Jack Rabbit, our online system, before your Athlete Evaluation. The online registration is where families will select all of their classes for the year. A credit/debit card is required for registration. Please use the following steps to complete your athlete's online registration:

- Visit www.acetribe.com
- Under locations select 'Pensacola, FL.'
- Click on the 'Registration' link.
- Complete the required information.

The credit card on file will be automatically charged. You may also choose to bring another form of payment into Lauren Chavers at the front desk before the 25th of each month. There is also the option to pay the year in full and receive a 10% discount off your monthly gym fee total. *Note: If payments are not received on time, a late fee (\$15) will be assessed.

Monthly Payments

Monthly payment plans have been established for each level of travel. The monthly payment plan has been set up to distribute the costs associated with competitive cheerleading in an affordable manner. In order to keep the

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All-Star fees at a lower cost, ACE of Pensacola expenses must be paid on time. We expect the same courtesy with timely payments from all ACE of Pensacola families.

- Monthly fees are posted to athlete accounts at the end of the prior month.
 (Example: July fees are billed in June.)
- Monthly payments are automatically charged, to the card on file, on the 25th of the prior month. (Example: July Fees are charged on June 25th.)
- Accounts not paid by the 1st of the month will be assessed a \$15 late fee.

The listed fees are only an estimate of the year's costs. Additional ACE of Pensacola fees, merchandise, hotel fees, transportation costs and end-of-season invitational competition fees are not included. This financial commitment is for a full 12 months. If you commit to becoming a member of ACE of Pensacola, you are responsible for all costs and fees associated for the season's entirety.

May: Team Selections and Fees

The Team Selection process includes Athlete Evaluations and Stunt Evaluations. Athlete Evaluations are May 13, 2017. Evaluations will be from 9am-1pm. Doors open at 8:00am. ACE will no longer allow athletes who have not met their previous season financial commitment to participate in Team Selections. Early and late Athlete Evaluations are available and must be scheduled via email with your All-Star Director.

The ACE of Pensacola Team Selection process is structured as follows:

- Athletes perform jumps, jump/tumble combinations, standing and running tumbling during Athlete
 Evaluations. Athletes interested in a 'top girl' position *must* show required body positions.
- After athletes have been evaluated, the coaches will group the athletes to prepare for Stunt Evaluations. Stunt Evaluations will be held May 15th, 16th & 17th at selected times (TBD.)
- Thursday, May 18th will be the official Team Selection announcement day for the 2017-2018 teams.
- There is a *mandatory* parent meeting at the first team practice (TBD.)
- The May Deposit (\$170 cash or credit ONLY) is paid on, or before, May 13th (Athlete Evaluations) and will cover the May tuition and Registration. May Tuition will include one weekly tumbling class and the team practice.
- You have until 5:00pm on Friday, May 19th to void your contract. You <u>MUST</u> personally speak with Ricky Morgan to void your contract and receive a copy for your records. If an athlete decides to not continue with their ACE of Pensacola team, they may continue their tumble class for the month however, the May Deposit is non-refundable.

ACE of Pensacola Discount and Referral Bonus

We want to be able to offer everyone as much of a discount as possible, while still being able to meet our obligations. To help clarify how our discount program works, please make sure you read this paragraph completely. You may accept any discount you qualify for, but we would suggest you take the discount that provides you with the most bang for your situation. We do NOT stack discounts on top of discounts.

• New Athlete Referral Bonus – For every month you have 3 active, female referrals in our program, you will receive \$100 off your tuition.

Here are all of the possible discounts we offer:

- 1. Multi-sibling 20% off monthly tuition only for each additional child
- 2. Payment in Full 10% off monthly tuition only
- 3. Team Representative \$55 off per month
- 4. Athlete Referral Bonus

PLEASE NOTE:

If an athlete quits or is released from an ACE of Pensacola team at any point throughout the season, you will continue to be financially responsible for fees in full. These fees are to be paid in accordance with the assigned payment schedule. If the athlete is listed as an alternate for a team, you are financially responsible for the year in full whether the athlete competes or not.

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ACE OF PENSACOLA FINANCIAL OBLIGATIONS SPREADSHEET

Product	All Levels	Special Needs	Prep/Tiny/Mini
Registration fee	\$45	\$45	\$45
Practice Set and Varsity Shoes	\$170	\$40	\$170
Practice & Competition Bow	\$35	\$35	\$35
Choreography	\$250	N/A	\$150
End of Year Banquet Fee	\$30	\$30	\$30
Dance Choreography	\$50	N/A	\$30
Music	\$80	N/A	\$80
Skills Camp Fee	\$65	N/A	
USASF	\$30	\$30	\$30
May Team Fee	\$125	\$10	\$125
Total Years Tuition Fees (June – April)	\$1,375	\$110	\$1,375
Total Years Competition Fees	\$1,100	\$0	\$800
TOTAL YEARS COST	\$3,355	\$300	\$2,870
Year in Full10% Discount on Tuition	\$3,205	\$288	\$2,720
real mi anto / Discount on Tarron	ψ3,203	\$200	Ψ2,720
PENSACOLA MONTHLY OBLIGATIONS	All Levels	Special Needs	Prep/Tiny/Mini
	All Levels	Special Needs \$55	Prep/Tiny/Mini \$170
OBLIGATIONS May Tuition and Reg Fee		•	
OBLIGATIONS May Tuition and Reg Fee DUE: MAY 13th Shoes and Practice Set DUE: MAY 19th June - January	\$170	\$55	\$170
OBLIGATIONS May Tuition and Reg Fee DUE: MAY 13th Shoes and Practice Set DUE: MAY 19th	\$170 \$170	\$55 \$40	\$170 \$170
OBLIGATIONS May Tuition and Reg Fee DUE: MAY 13th Shoes and Practice Set DUE: MAY 19th June - January February-April PENSACOLA SEPERATLY BILLED ITEMS IF NEEDED - UNIFORM AND WARM-UP -	\$170 \$170 \$330	\$55 \$40 \$22	\$170 \$170 \$269
OBLIGATIONS May Tuition and Reg Fee DUE: MAY 13th Shoes and Practice Set DUE: MAY 19th June - January February-April PENSACOLA SEPERATLY BILLED ITEMS IF NEEDED	\$170 \$170 \$330 \$125	\$55 \$40 \$22 \$10	\$170 \$170 \$269 \$125

Male Athletes receive a considerable tuition discount.

ACE of Pensacola 65 E. Olive Rd. Pensacola, FL 32514



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The Summit Cheerleading Championship

Please note that if a team receives a bid to The Summit, there will be additional competition fees and coaches' fees in order to attend. The total cost for these events will be based off of the type of bid received. Participation in The Summit is not mandatory and attendance will in no way negatively impact your athlete within ACE.

Athletes' accounts must have a zero balance in order to participate.

Bloomers and Sport Bras

In order to provide adequate support and protection, ACE requires athletes to wear bloomers and sport bras under all competition uniforms and practice attire. <u>Black</u> undergarments are *required* under uniforms for competition; **No other colors are acceptable.** For convenience, Varsity brand bloomers and sport bras are available for purchase from the ACE Varsity Pro Shop.

ACE Brand and Logo Policy

- All ACE letters and logos are copyright protected.
- All spirit wear items are to be purchased through Varsity or Ragland.
- If a parent would like to buy merchandise for an entire team, the order must go through Varsity or Ragland. Ricky Morgan <u>must</u> approve any, and all, spirit items purchased for teams.
- Bows, t-shirts, bags, blankets, etc., with an identifiable icon or ACE reference not purchased through Varsity and/or Ragland, are not permitted. Teams will not be allowed to wear or use these items as a group.
- Anyone that attempts to sell or give away items with ACE logos and/or references will be in violation of our Brand and Logo Policy.
- Money cannot be required of parents in order to buy spirit items, goody bag items or any other nonmandatory items.
- You are welcome to monogram your warm-up; however, we ask that you use *athletic gold* for the lettering. Athlete's name, initials and/or nicknames are all acceptable.

Dress Code

Practice Dress Code

- Athletes must wear the designated practice clothes and cheer shoes to every practice.
 - o If an athlete does not wear the designated color top or bottom for practice, he/she is required to purchase an item of the correct color and your ACE account will be charged.
 - If an athlete is an alternate, injured or sick, he/she must wear the correct practice clothes to every scheduled practice.
- Hair must be pulled out of the face, in a high ponytail at every practice. Short chin-length hair may be worn pulled back with a headband or half-up/half-down.
- Practice clothes may sometimes shrink and athletes will likely grow throughout a season. Should the fit become extremely unflattering or inappropriate, ACE of Pensacola Staff may require an athlete to purchase larger sized practice shorts or tops.
- Male athletes' hair must be cut out of the face and off of the neck. Faces should be cleanly shaven.
- Female athletes *must* wear bloomers under their practice attire at all times.
- Male athletes *must* wear compression shorts under their practice shorts at all times.
- Female athletes are encouraged to wear sport bras (as opposed to regular bras) under their practice tops in order to provide adequate support. Sport bras may even be layered for additional support.
- Female athletes may choose to wear black/red biker shorts as long as they are appropriate and coordinate with the team's practice wear.
- NO jewelry of any kind is allowed in the gym. Neither ACE, nor ACE employees, are responsible for jewelry if it is worn into the gym, removed for practice, lost or stolen.
- ACE of Pensacola recommends that athletes use the summer months (prior to competition season) to
 have their ears pierced. We understand that it is an important step for our younger athletes; however,
 due to rules and regulations set by the industry, athletes may not simply cover and/or plug a piercing
 while competing.

Competition Dress Code

"Competition Ready" dress code is required upon arrival to a competition venue:

- 1) Full uniform. (This includes "competition" hair.)
- 2) Official ACE warm-up. (Uniform should be worn under the warm-up.)
- Hair should be secured in a high ponytail with ACE bow or headband.
 - ACE bow or headband is <u>required</u> for "Competition Ready" dress code.
- Make-up should be a natural look. Red lipstick and blush should be worn. No glitter!
- Athletic shoes must be worn at all times. Absolutely **NO** boots, flip-flops, Ugg Boots, etc.
- No jewelry allowed at any time. Most competition companies will apply deductions if worn on the floor.
- No hats of any type.
- Uniform skirts should be worn *under* accompanying athletic attire.
- Apparel and/or backpacks worn must either be ACE specific and/or specific to the competition that the athletes are attending. (Example: CheerSport jackets may be worn to CheerSport competitions only.)
- Due to rules and regulations set by the industry, athletes may not simply cover and/or plug a piercing while competing. Please plan accordingly.

ACE is known for showcasing athletes that are clean cut and uniform. These rules allow the athletes to equate the ACE uniform with being viewed as one of the classiest programs in the world. The ACE dress code also provides confidence by the "look good, feel good" principle. Athletes are to be focused on the job at hand while in "competition mode," as these events are not fashion shows.



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$\underline{\textbf{2017-2018 ACE OF PENSACOLA COMPETITION SCHEDULE}}^{*Please \ note \ that \ the \ competition \ schedule \ is \ tentative \ and \ subject \ to \ change.}$

<u>All Teams</u>			
COMPETITION	<u>VENUE</u>	<u>LOCATION</u>	<u>DATE</u>
Meet The Tribe	BJCC	Birmingham, AL	6-Nov-17
WSA Destin	Emerald Coast Convention Center	Fort Walton Beach, FL	2-Dec-17
Southern Championship	BJCC	Birmingham, AL	10-Dec-17
WSA Biloxi	MS Coast Coliseum	Biloxi, MS	16-Dec-17
CheerSport Biloxi	MS Coast Coliseum	Biloxi, MS	6-Jan-18
WSA Mobile	Mobile Convention Center	Mobile, AL	28-Jan-18
CheerSport Grand Nationals	GWCC	Atlanta, GA	2/16/18 - 2/18/18
Victory	Emerald Coast Convention Center	Fort Walton Beach, FL	3-Mar-18
WSA Grand Nationals	Morial Convention Center	New Orleans, LA	3/10/18 - 3/11/18
WSA Beach Nationals	The Hangout	Orange Beach, AL	4/7/18 - 4/8/18

Possible End of the year Events

COMPETITION	<u>VENUE</u>	<u>LOCATION</u>	<u>DATE</u>
US Finals	Pensacola Bay Center	Pensacola, FL	4/14/18 - 4/15/18
Victory Allstar Nationals	Emerald Coast Convention Center	Fort Walton Beach, FL	4/27/18 - 4/28/18
Summit	ESPN WWW	Orlando, FL	TBA

<u>Prep/Tiny/Mini</u>				
COMPETITION	<u>VENUE</u>	<u>LOCATION</u>	<u>DATE</u>	
Meet The Tribe	ВЈСС	Birmingham, AL	6-Nov-17	
WSA Destin	Emerald Coast Convention Center	Fort Walton Beach, FL	2-Dec-17	
WSA Biloxi	MS Coast Coliseum	Biloxi, MS	16-Dec-17	
WSA Mobile	Mobile Convention Center	Mobile, AL	28-Jan-18	
Victory	Emerald Coast Convention Center	Fort Walton Beach, FL	3-Mar-18	
WSA Grand Nationals	Morial Convention Center	New Orleans, LA	3/10/18 - 3/11/18	
WSA Beach Nationals	The Hangout	Orange Beach, AL	4/7/18 - 4/8/18	



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2017-2018 ACE TEAM SELECTIONS: ATHLETE INFORMATION

Athlete's Legal Name				
Parent's Name Parent's Cell				
Parent's Email				
Date of Birth	Curi	rent Age	Age as of Aug	rust 31, 2017
Athlete's Prior Experience: All-Star		creation Cheer	School Cheer	School Competitive Cheer
Athlete's Previous All-Star (ym (if applicable)			
Previously Competed: Le	vel 1 Le	vel 2 Leve	el 3 Level	4 Level 5 N/A
Expected Level: Le	vel 1 Le	vel 2 Leve	el 3 Level	4 Level 5 N/A
I am interested in the follow	ing stunt position	: Main/Side Ba	ase Back	Base Top-Girl
Do you have siblings in the partial states and the sibling states are sibling states. The sibling states are sibling states are sibling states are sibling states.	gs be on the same		YES YES al, please list them	NO NO n below:
(*Note: It is not always possible t	o have siblings and/or t	friends cheer on the sam	e team. This will be at t	he discretion of the ACE Program.)
	<u>FO</u>	OR OFFICE USE O	NLY:	
New Athlete	Retu	rning Athlete	Birth Cer	tificate
Needs Uniform Top Needs Uniform Bottom				
Needs Warm-Up Jacket Needs Warm-Up Pants				ts



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2017-2018 ACE Athlete Information (Please Print)

Athlete Name:_____ Date of Birth: Age as of August 31st 2017: Address: City:_____State:_____Zip:___ Athlete Cell: () E-mail: Athletes School: '17-'18Grade: Parent/Guardian Name:)_____Home:(Cell: (E-mail:____ (*Please put a slash in any zeros.) Other Contacts: Allergies/Medications: (Please list any allergies/medications and instructions we need to know) Sizes: (Please circle your size) AXL T-shirt YM YL AXXL ASAMALHoodie/Jacket YXS YS AXS YMASAMALAXLAXXL Do you cheer for school? Yes No Do you cheer for football, basketball, or both? Please list any other prior commitments and schedules below. (EXAMPLE: School cheer practice Mon & Thur 3-4:45 starting Aug 19th)

Athlete Name

Phone: (904) 509-4332 www.acetribe.com



ACE of Pensacola Terms and Conditions Agreement

As the parent/guardian, I have read and completely understand the rules, requirements and regulations as outlined in the 2017-2018 ACE of Pensacola Handbook. I promise to uphold and abide by the rules set forth herein. We realize that ACE of Pensacola reserves the right to change, amend or assess the stated policies and procedures as deemed necessary on a case-by-case basis.

I have read and understand the 2017-2018 ACE of Pensacola Athlete & Parent Handbook in its entirety (Page 1 through 17.) I have also read the Financial Policies and Procedures. I understand that it is my responsibility, as a parent/guardian, to follow through with my child's financial obligations associated with tuition and other fees during the 2017-2018 competition season. Should I fall behind or fail to make payments, I recognize that my child's involvement with the ACE of Pensacola program will be jeopardized. I also understand that if my athlete quits or is released from an ACE of Pensacola team, at any point throughout the season, I will continue to be financially responsible for fees in full. I understand that these fees are expected to be paid in accordance with the assigned payment schedule. I also understand that if my athlete is listed as an alternate for a team, that I am financially responsible for the year in full whether they compete or not.

Parent/Guardian Name	
(Signature) (Date)	
(Date)	
(To be completed by ACE of Pensacola) Accepted by:	
ACE of Pensacola Director	Date

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2017-2018 ACE of Pensacola Competitive Cheerleading Contract

I, the undersigned, hereby certify that I am the parent or legal guardian of (athlete.) The athlete desires to be team member within the ACE of Pensacola competitive cheerleading program for the 2017-2018 season. This contract sets forth the terms and conditions under which the athlete may participate in the 2017-2018 competitive cheerleading season as ACE of Pensacola team member.

Responsibilities of ACE of Pensacola

ACE of Pensacola hereby agrees to provide competitive cheerleading coaches and instruction for the purpose of teaching cheerleading, tumbling, dance skills and techniques to athletes in preparation for local, regional and national cheerleading competitions and exhibitions. ACE of Pensacola cannot guarantee that an athlete will acquire any particular skill level or that an athlete will remain on the same team throughout the entire season. All ACE of Pensacola cheerleading teams are fluid, so athletes can be moved from one team to another during a season, at the discretion of the ACE of Pensacola staff, as indicated in the 2017-2018 ACE of Pensacola Athlete & Parent Handbook, hereinafter referred to as the "ACE of Pensacola Handbook" and incorporated by reference herein. ACE of Pensacola and its agents, representatives, employees, owners, directors, and managers make no representations or warranties whatsoever about the services to be performed or the result set might be obtained. All warranties, express and implied, are expressly disclaimed.

Responsibilities of Athlete and Parent/Guardian

I understand that accepting a place on an ACE of Pensacola competitive team is both an honor and a privilege, and that it entails a significant commitment to ACE of Pensacola and to fellow team members. Athlete hereby agrees to attend all practices and competitions, and understands the disciplinary actions that may be taken if the athlete does not comply with the attendance requirements set forth in the "Practice Attendance" and "Competition Attendance" sections of the ACE of Pensacola Handbook.

Parent/Guardian's Indemnification of ACE of Pensacola

I hereby give my permission to ACE of Pensacola Staff to seek and give appropriate medical attention for the athlete during the period of practice or competition (or to/from) in the event of accident, injury or illness. I will be responsible for any and all cost of medical attention and treatment. I represent that the athlete is covered by medical insurance. I understand that, as with any sport, injuries can occur and the athlete is physically fit and mentally capable of participating in cheerleading, gymnastic, and dance activities. I represent that I have sought the opinion of athlete's pediatrician/physician. I hereby waive, release and forever discharge ACE of Pensacola and its staff and representatives from all rights and claims for damages, injury, or loss to person or property which may be sustained or occur during athlete's participation in ACE of Pensacola activities, whether on the ACE of Pensacola training facility premises or at any other venue where an ACE of Pensacola activity takes place, or in travel thereto or there from.

I acknowledge that competitive cheerleading is an inherently dangerous sport in which I/my child, participate at my/my child's own risk. In consideration of ACE of Pensacola allowing me/my child a position on a competitive cheerleading team, I, on behalf of myself, my heirs, assignees and personal representatives, do release and forever discharge ACE of Pensacola, its employees, agents, officers, members, sponsors, promoters and affiliates from any and all liability, claim, loss, cost or expense, and waive and promise not to sue on any such claims against any such person or organization, arising directly or indirectly from or attributable in any legal way to any negligence, action or omission to act of any such person or organization or execution of any ACE of Pensacola related cheerleading event, including travel to and from such event, in which I/my child will participate as a team member or spectator.

I expressly agree that this release, waiver, and indemnity agreement is intended to be as broad and inclusive as permitted by the laws of the State of Florida, and that if any portion of the agreement is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Parent/Guardian's Travel Responsibilities

I understand that:

 ACE of Pensacola assumes no responsibility to supervise or monitor athlete's activities or behavior during out of town events, except during the time I am required to be at the competition venue. I am responsible for my athlete's activities and behavior during out of town events, including travel to and from. • ACE of Pensacola Staff is solely responsible for, and retains full creative control of, the placement of the athlete on a particular team and all competitive routines, including, but not limited to, the placement of

• individual athletes in formations, the positions of individual athletes in stunts (e.g., base, back spots, front spot, top girl etc.), cheer and dance sequences.

Financial Obligations

I have read and signed the ACE of Pensacola Handbook. I understand that certain violations of team rules may subject the athlete to appropriate disciplinary actions as set forth in the ACE of Pensacola Handbook. In the event the athlete's status on a team changes in any way, whether suspended or dismissed from the ACE of Pensacola program for disciplinary reasons, or moved to another team or placed as an alternate, I remain obligated to pay all cost and fees associated with having a spot on a team list for the entire 12 months and will receive no refunds of monies previously paid.

The ACE of Pensacola 2017-2018 "Financial Obligations Spreadsheet" provided in the ACE of Pensacola Handbook dictates the exact payment amounts and provides a schedule when all payments are due. All financial obligations are considered a part of this agreement and incorporates by this reference thereto. I understand that:

- 1. The May tuition and any outstanding balances must be paid in full on or before May 13th in order to be eligible to participate in Athlete Evaluations on May 13th. This fee is non-refundable.
- 2. Monthly gym fees must be paid on the 25^{th} of each month for the following month from May 2017 through April 2018.
- 3. I will be assessed a \$15 late fee if any monthly fee is not received by the 1st day of the upcoming month.
- 4. I am solely responsible for all travel costs associated with out-of-town competitions including transportation, lodging and food.
- 5. ACE of Pensacola is hereby authorized to initiate all payments owed through automatic credit card billing, as indicated on the authorization form attached hereto. I understand that ACE of Pensacola will initiate payment from my account or credit card on the 25th day of each month.
- 6. I will be assessed \$35 fee per occurrence of a check or authorized bank draft returned to ACE of Pensacola due to insufficient funds

Limitation of Liability. In no event shall ace of pensacola be liable to customer or to any third party for any loss of use, revenue, or profit [or loss of data or diminution in value], or for any consequential, incidental, indirect, exemplary, special, or punitive damages whether arising out of breach of contract, tort (including negligence), or otherwise, regardless of whether such damage was foreseeable and whether or not ace of pensacola has been advised of the possibility of such damages, and notwithstanding the failure of any agreed or other remedy of its essential purpose. In no event shall ace of pensacola's aggregate liability arising out of or related to this agreement, whether arising out of or related to breach of contract, tort (including negligence), or otherwise, exceed the aggregate amounts paid or payable to ace of pensacola pursuant to this agreement,

<u>Choice of Law</u>. This Agreement and all related documents [including all exhibits attached hereto], and all matters arising out of or relating to this Agreement, including the Athlete and Parent Handbook and whether sounding in contract, tort, or statute are governed by, and construed in accordance with, the laws of the State of Alabama, without giving effect to the conflict of laws provisions thereof to the extent such principles or rules would require or permit the application of the laws of any jurisdiction other than those of the State of Alabama.

ACE of Pensacola 65 E. Olive Rd. Pensacola, FL 32514

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CHOICE OF FORUM. EACH PARTY IRREVOCABLY AND UNCONDITIONALLY AGREES THAT IT WILL NOT COMMENCE ANY ACTION, LITIGATION OR PROCEEDING OF ANY KIND WHATSOEVER AGAINST THE OTHER PARTY IN ANY WAY ARISING FROM OR RELATING TO THIS AGREEMENT, INCLUDING ALL EXHIBITS, SCHEDULES, ATTACHMENTS AND APPENDICES ATTACHED TO THIS AGREEMENT, AND ALL CONTEMPLATED TRANSACTIONS, INCLUDING CONTRACT, EQUITY, TORT, FRAUD AND STATUTORY CLAIMS, IN ANY FORUM OTHER THAN THE STATE COURTS LOCATED IN JEFFERSON COUNTY, ALABAMA (BIRMINGHAM DIVISION) OR FEDERAL COURTS WITHIN THE NORTHERN DISTRICT OF ALABAMA (SOUTHERN DIVISION) AND ANY APPELLATE COURT FROM ANY THEREOF. EACH PARTY IRREVOCABLY AND UNCONDITIONALLY SUBMITS TO THE EXCLUSIVE JURISDICTION OF SUCH COURTS AND AGREES TO BRING ANY SUCH ACTION, LITIGATION OR PROCEEDING ONLY IN THE STATE OR FEDERAL COURTS OF JEFFERSON COUNTY, ALABAMA (BIRMINGHAM DIVISION) OR FEDERAL COURTS WITHIN THE NORTHERN DISTRICT OF ALABAMA (SOUTHERN DIVISION). EACH PARTY AGREES THAT A FINAL JUDGMENT IN ANY SUCH ACTION, LITIGATION, OR PROCEEDING IS CONCLUSIVE AND MAY BE ENFORCED IN OTHER JURISDICTIONS BY SUIT ON THE JUDGMENT OR IN ANY OTHER MANNER PROVIDED BY LAW.

WAIVER OF JURY TRIAL. EACH PARTY ACKNOWLEDGES THAT ANY CONTROVERSY THAT MAY ARISE UNDER THIS AGREEMENT, INCLUDING EXHIBITS, SCHEDULES, ATTACHMENTS AND APPENDICES ATTACHED TO THIS AGREEMENT, IS LIKELY TO INVOLVE COMPLICATED AND DIFFICULT ISSUES AND, THEREFORE, EACH SUCH PARTY IRREVOCABLY AND UNCONDITIONALLY WAIVES ANY RIGHT IT MAY HAVE TO A TRIAL BY JURY IN RESPECT OF ANY LEGAL ACTION ARISING OUT OF OR RELATING TO THIS AGREEMENT, INCLUDING ANY EXHIBITS, SCHEDULES, ATTACHMENTS OR APPENDICES ATTACHED TO THIS AGREEMENT, OR THE TRANSACTIONS CONTEMPLATED HEREBY.

<u>Counterparts</u>. This Agreement may be executed in counterparts, each of which is deemed an original, but all of which together are deemed to be one and the same agreement. Notwithstanding anything to the contrary in this Agreement, a signed copy of this Agreement delivered by facsimile, email, or other means of electronic transmission is deemed to have the same legal effect as delivery of an original signed copy of this Agreement.

This contract, together with the ACE of Pensacola Handbook, Releases, and Authorization materials referred to herein, represent the entire agreement between ACE of Pensacola and the undersigned and supersedes all prior and contemporaneous understandings, agreements, representations and warranties, both written and oral, regarding such subject matter.

I have read and agreed to the terms of this contract:	
(Print Name of Parent or Guardian Responsible fo	r Payment of Financial Obligations)
(Signature)	
(Date)	
(To be completed by ACE of Pensacola) Accepted by:	
ACE of Panagoola Divoctor	Data